

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Nick Kok**

Has successfully participated & completed the

**Solo Steer Cowhouse Cross Duathlon 2019 #2**

held at Cowhouse Market.

**TIME 01:38:13**

**PACE 06:31/km**

**OVERALL 13 of 34**

**GENDER 12 of 22**

**40 - 49 5 of 6**

07 April 2019, Sun

Date



*BoutTime*

Signature

